

2015

Cleveland Behavioral Risk Factor Surveillance Survey

Developed: September 24, 2014







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Programmer Notes

For each variable starting with a numeric, add a leading "q" All one line text intros should be programmed in the same screen as the following question. As many sections as possible were taken directly from BRFSS 2013 and 2014 questionnaires. The screeners are the standard BRFSS 2014 screeners.



Interviewer's Script

Answering Machine Script:

Hello, my name is [NAME]. I am calling on behalf of the Prevention Research Center for Healthy Neighborhoods at Case Western Reserve about an important survey of Cleveland residents. Please call us at 1-877-350-8705. Thank you.

Privacy Manager Script:

Prevention Center for Healthy Neighborhoods at Case Western Reserve

Landline Screener

Intro1

//ASK OF ALL SAMPTYPE=1//

HELLO, I am calling for the <u>Prevention Research Center for Healthy Neighborhoods at Case Western Reserve</u>. My name is <u>(name)</u>. We are gathering information about the health of <u>Cleveland</u> residents to inform and evaluate the citywide Healthy Cleveland Initiative. This project is conducted by the Prevention Research Center with assistance from the Centers for Disease Control and Prevention. Your telephone number has been chosen randomly, and I would like to ask some questions about health and health practices. This call may be monitored and recorded for quality control.

[IF NECESSARY: The Prevention Research Center is a community-based research center within Case Western Reserve University.]

Is this (phone number) ?

- 01 Continue
- 03 Does not live in Cleveland
- 05 Selected on the line
- 14 Continue in Spanish
- 99 Terminate

For Resumed Interviews and samptype =1:

/ //IF SEL NE 20 AND SAMPTYPE =1//

INTRO1

Hello, I'm _____calling from ICF for the Prevention Research Center for Healthy Neighborhoods at Case Western Reserve. We're gathering information on the health and safety of Cleveland residents. This call is being monitored and recorded for quality control. When we called previously the computer randomly selected the <SEL1> 18 years of age or older to be interviewed.

May I please speak to him/her?

- 01. Transfer to respondent [go to newadult]
- 05 Selected on the line
- 02 Termination screen
- 14 CONTINUE IN SPANISH



// //ASK IF INTRO1=1,5,14 AND SAMPTYPE = 1//

HS1 Is this a private residence?

READ ONLY IF NECESSARY: "By private residence, we mean someplace like a house or apartment."

- 1 Yes [Go to stres]
 2 No [Go to college]
- 3 No, business phone only

//IF HS1=3//

BUS Thank you very much but we are only interviewing persons on residential phones lines at this time. DISPO 26

1. continue

/ //IF HS1=2//

COLLEGE Do you live in college housing?

READ ONLY IF NECESSARY: "By college housing we mean dormitory, graduate student or visiting faculty housing, or other housing arrangement provided by a college or university."

[INTERVEIWER: IF NO, PROBE TO FIND OUT IF BUSINESS OR GROUP HOME]

- 1 YES [Go to STRES]
- 2 NO Business
- 3 NO Group home
- 7 DON'T KNOW / NOT SURE
- 9 REFUSED

/ //IF COLLEGE = 2,3, 7,9//

X2 Thank you very much, but we are only interviewing persons who live in a private residence or college housing at this time. STOP /[if college = 2,3,7,9 assign dispo 26 Not a Private Residence/]

//ASK OF ALL IF SAMPTYPE = 1//

STRES Do you reside in Cleveland?

- 1 Yes [Go to HS2]
- 2 No
- 7 Don't Know
- 9 Refused

//IF STRES = 2,7,9 OR INTRO1=3//

X3 Thank you very much, but we are only interviewing persons who live in the city of Cleveland at this time. STOP //dispo 40//



HS2 Is this a cellular telephone?

Interviewer Note: Telephone service over the internet counts as landline service (includes Vonage, Magic Jack and other home-based phone services).

Read only if necessary: "By cellular (or cell) telephone we mean a telephone that is mobile and usable outside of your neighborhood."

- 1 No Not a Cellular Telephone
- 2 Yes

/ //IF HS2=2//

HS2X Thank you very much, but we are only interviewing by land line telephones and for private residences or college housing. **STOP** //assign dispo 28 cell phone//

1. continue

/ //ASK OF COLLEGE=1 AND HS2=1//

ADULT

Are you 18 years of age or older?

- 21 Yes and the respondent is Male
- 22 Yes and the respondent is Female
- 03 No

/ //IF ADULT=3//

XX3 Thank you very much, but we are only interviewing persons aged 18 or older at this time. **STOP** //if adult=3 assign dispo 27//

1. continue

/ //ASK IF HS1=1 AND HS2=1// //

ADULTS

I need to randomly select one adult who lives in your household to be interviewed. How many members of your household, including yourself, are 18 years of age or older?

__ Number of adults [RANGE 0-18]

/ //IF ADULTS = 0 //

X3 I'm sorry we are only interviewing adult residents who are 18 years of age or older.

Thank you." // if adults=0 assign dispo 27//

1. continue

ONEADULT Are you the adult?

- 21 Yes and the respondent is Male
- Yes and the respondent is Female
- 03 No

If "yes,"

Then you are the person I need to speak with.



//IF ONEADULT=03//

ASKGENDR Is the adult a man or a woman?

21 Male22 Female

//IF ONEADULT=03//

GETADULT May I speak with [fill in (him/her) from previous question]?

- 1 Yes, Adult coming to the phone.[GO TO NEWADULT]
- No, not here (interview will terminate) [INTERVIEWER SET APPOINTMENT FOR BEST TIME TO REACH ADULT]

//ASK IF ADULTS>1//

MEN

How many of these adults are men
Number of men [RANGE 0-18]

//ASK IF ADULTS>1//

WOMEN ... and how many are women?

__ Number of women [RANGE 0-18]

/ //IF SAMPTYPE=1//

RANDOMLY SELECT ADULT; Assign selected value:

01 Oldest Female

02 2nd Oldest Female

03 3rd Oldest Female

04 4th Oldest Female

05 5th Oldest Female

06 6th Oldest Female

07 7th Oldest Female

08 8th Oldest Female

09 9th Oldest Female

11 Oldest Male

12 2nd Oldest Male

13 3rd Oldest Male

14 4th Oldest Male

15 5th Oldest Male

16 6th Oldest Male

17 7th Oldest Male 18 8th Oldest Male

19 9th Oldest Male

20 No respondent selected

21 One person HH - Male

22 One person HH - Female

//ASK IF ADULTS > 1//

ASFKOR The person in your household that I need to speak with is the [INSERT SELECTED]

INTERVIEWER: IF SPEAKING WITH SAME GENDER, ASK: Are you the person?



INTERVIEWER: IF SPEAKING WITH OPPOSITE GENDER, ASK: May I speak with him or her?

- 1 Yes Selected is on the line
- Yes Adult coming to the phone [GO TO NEWADULT]
- 3 No, not here [INTERVIEWER: SET APPOINTMENT TIME]
- Go back to Adults question. Warning: A new respondent may be selected. \n& (You need Supervisor's permission to use this option.)

To the correct respondent:

//IF ASKFOR=2 OR GETADULT = 1//

NEWADULT

HELLO, I am calling for the <u>Prevention Research Center for Healthy Neighborhoods at Case Western Reserve</u>. My name is <u>(name)</u>. We are gathering information about the health of <u>Cleveland</u> residents to inform and evaluate the citywide Healthy Cleveland Initiative. This project is conducted by the Prevention Research Center with assistance from the Centers for Disease Control and Prevention. Your telephone number has been chosen randomly, and I would like to ask some questions about health and health practices. This call may be monitored and recorded for quality assurance purposes.

1. Continue

//ASK IF SAMPTYPE=1//

YOURTHE1

Your participation in the study is voluntary. You can decline to participate. If you choose to participate, you do not have to answer any question you don't want to, and you can end the interview at any time. The information you give me will be confidential. If you have any questions about this survey, I will provide a telephone number for you to call to get more information.

[INTERVIEWER: IF NEEDED: The interview takes on average 15-20 minutes depending on your answers.]

[SURVEY VERIFICATION LINE: 1-877-350-8705]
001 Person Interested, continue.

002 Go back to Adults question. WARNING: A NEW RESPONDENT WILL BE SELECTED

AND YOU NEED A SUPERVISOR'S PASSWORD TO CONTINUE

Cell Phone Interviewer's Intro

//ASK IF SAMPTYPE=2//

Intro1 HELLO, I am calling for the <u>Prevention Research Center for Healthy Neighborhoods at Case Western Reserve.</u> My name is <u>(name)</u>. We are gathering information about the health of <u>Cleveland</u> residents to inform and evaluate the citywide Health Cleveland Initiative. This project is conducted by the Prevention Research Center with assistance from the Centers for Disease Control and Prevention. Your telephone number has been chosen randomly, and I would like to ask some questions about health and health practices. The interview may be monitored and recorded for quality control purposes. I have just a few questions to find out if you are eligible for the study.

[IF NECESSARY: The Prevention Research Center is a community-based research center within Case Western Reserve University.]

Is this a safe time to talk with you?



- 01 Yes - Continue
- 02 No - Not a safe time
- 03 Respondent Says - They Do Not Live in Cleveland
- **Termination Screen** 04
- 14 CONTINUE IN SPANISH

/ //IF INTRO1=03//

NORES Thank you very much, but we are only interviewing Cleveland Residents. /TERM ASSIGN **DISP 30/**

//IF INTRO1=1

PHONE Is this <u>(phone number)</u>?
INTERVIEWER: PLEASE CONFIRM NEGATIVE RESPONSES TO ENSURE THAT RESPONDENT HAS HEARD AND UNDERSTOOD CORRECTLY.

(213)

- [Go to CELLFON2] YES 1
- 2 NO
- 4 **[GO TO CB]** NOT A SAFE TIME/DRIVING
- [Go to CELLFON2] DON'T KNOW / NOT SURE 7
- 9 [Go to CELLFON2] REFUSED

IF "NO," //IF PHONE=2//

Thank you very much, but I seem to have dialed the wrong number. It's possible that your number may be called at a later time. STOP TERM DISP = 23 1. continue

//IF PHONE=1,7,9 ASK CELLFON2//

CELLFON2

Is this a cellular telephone?

[Read only if necessary: "By cellular telephone we mean a telephone that is mobile and usable outside of your neighborhood".

INTERVIEWER: PLEASE CONFIRM NEGATIVE RESPONSES TO ENSURE THAT RESPONDENT HAS HEARD AND UNDERSTOOD CORRECTLY.

(214)

- 1 YES [Go to CADULT]
- 2 NO
- 3 NOT A SAFE TIME/DRIVING
- 7 DON'T KNOW / NOT SURE
- 9 **REFUSED**

IF "NO", //IF CELLFON2=2//

Thank you very much, but we are only interviewing cell telephones at this time. STOP //assign dispo 25//

```
IF "DON'T KNOW", "REFUSED", //IF CELLFON2=7,9//
```

Thank you for your time. STOP //assign dispo 26//



/if CELLFON2=1 go to CADULT/

/ //IF CELLFON2=1 ASK CADULT//

CADULT

Are you 18 years of age or older?

9

INTERVIEWER: PLEASE CONFIRM NEGATIVE RESPONSES TO ENSURE THAT RESPONDENT HAS HEARD AND UNDERSTOOD CORRECTLY. ASK GENDER IF NECESSARY.

(215)

1	YES, Male Respondent	[Go to PVTRESD2]
2	YES, Female Respondent	[Go to PVTRESD2]
3	NO	[GO TO CADULT2]
4	NOT A SAFE TIME/DRIVING	[Go to CB]
7	DON'T KNOW / NOT SURE	

/ IF "DON'T KNOW", "REFUSED", //IF CADULT=7,9//

Thank you very much for your time. STOP TERM DISP = 28

/ IF "NO", //IF CADULT=3//

REFUSED

CADULT2

Is there an adult that also uses this cell phone?

- 1 YES [GO TO CADULT3]
- 2 NO

/ //IF CADULT2=2// (NO ADULT USES CELL PHONE)

Thank you very much, but we are only interviewing persons aged 18 or older at this time. **STOP** //assign term disp = 27//

//IF CADULT2=1//

CADULT3

May I speak with him or her?

- 1 SWITCHING TO RESPONDENT
- 2 RESPONDENT NOT AVAILABLE/CALLBACK

/if CADULT3=1 go to INTRO1/ /if CADULT3=2 autocode 105, callback/



/ //IF CADULT=1,2 ASK PVTRESD2//

PVTRESD2

Do you live in a private residence?

READ ONLY IF NECESSARY: "By private residence, we mean someplace like a house or apartment."

INTERVIEWER: PLEASE CONFIRM NEGATIVE RESPONSES TO ENSURE THAT RESPONDENT HAS HEARD AND UNDERSTOOD CORRECTLY. THE PERSON

DOES NOT NEED TO BE PHYSICALLY LOCATED IN THEIR PRIVATE RESIDENCE.

- 1 YES [Go to CSTATE]
- 2 NO
- 3 NOT A SAFE TIME/DRIVING
- 7 DON'T KNOW / NOT SURE
- 9 REFUSED

//IF PVTRESD2=2//

COLLEGE Do you live in college housing? ([Read only if necessary]: "By college housing we mean dormitory, graduate student or visiting faculty housing, or other housing arrangement provided by a college or university.")

- 1 YES **[Go to CSTATE]**
- 2 NO business
- 3 no group home
- 4 NOT A SAFE TIME/DRIVING
- 7 DON'T KNOW / NOT SURE
- 9 REFUSED

/ //IF COLLEGE = 2,3 //

"Thank you very much for your time, but we are only interviewing persons who live in a private residence or college housing at this time." STOP – TERMDISP=35

/ IF "DON'T KNOW", "REFUSED", //IF PVTRESD2=7,9 OR COLLEGE = 7, 9//

Thank you very much for your time. **STOP TERM DISP = 29**

/ //IF PVTRESD2=1 OR COLLEGE = 1 ASK CSTATE//

CSTATE

Are you a resident of <u>Cleveland</u>?

INTERVIEWER: PLEASE CONFIRM NEGATIVE RESPONSES TO ENSURE THAT RESPONDENT HAS HEARD AND UNDERSTOOD CORRECTLY.

(217)

- 1 YES [Go to LANDLINE]
- 2 NO
- 3 NOT A SAFE TIME/DRIVING
- 7 DON'T KNOW / NOT SURE
- 9 REFUSED

/ IF "DON'T KNOW", "REFUSED" OR "NO", //IF CSTATE=2,7,9//



Thank you very much for your time. **STOP TERM DISP = 30**

//ASK IF SAMPTYPE=2//

LANDLINE

Do you also have a landline telephone in your home that is used to make and receive calls?

READ ONLY IF NECESSARY: "By landline telephone, we mean a "regular" telephone in your home that is connected to outside telephone lines through a cable or cord and is used for making or receiving calls. Please include landline phones used for both business and personal use."

NOTE: Telephone service over the internet counts as landline service.

PLEASE CONFIRM NEGATIVE RESPONSES TO ENSURE THAT RESPONDENT HAS HEARD AND UNDERSTOOD CORRECTLY.

(220)

- 1 YES
- 2 NO
- 7 DON'T KNOW / NOT SURE
- 9 REFUSED

//ASK IF PVTRESD2 = 1//

NUMADULT How many members of your household, including yourself, are 18 years of age or older?

__ Number of adults [RANGE 1-18]

77 Don't Know

99 Refused

[CATI NOTE if college = 1 set numadult = 1]

/ //ASK IF SAMPTYPE=2//

svintro

Your telephone number has been chosen randomly, and I would like to ask some questions about health and health practices. Your participation in the study is voluntary. You can decline to participate. If you choose to participate, you do not have to answer any question you don't want to, and you can end the interview at any time. The information you give me will be confidential. If you have any questions about this survey, I will provide a telephone number for you to call to get more information.

[INTERVIEWER: IF NEEDED: The interview takes on average 15-20 minutes depending on your answers.]

INTERVIEWER NOTE: If respondent indicates it is not safe to talk now, ask "When is a better time to try to call back?" and schedule an appointment.

[SURVEY VERIFICATION LINE: 1-877-350-8705]

- 1 SAFE TIME/NOT DRIVING
- 2 DRIVING/NOT A SAFE TIME



9 REFUSED

/ //IF SVINTRO = 9// ASSIGN REFUSAL DISPOSITION BASED ON REFUSAL COUNT.

Section 1: Health Status

/ ASK ALL

1.1 Would you say that in general your health is—

Please read:

- 1 Excellent
- 2 Very good
- 3 Good
- 4 Fair

Or

5 Poor

Do not read:

- 7 Don't know / Not sure
- 9 Refused

Section 2: Healthy Days — Health-Related Quality of Life

ASK ALL

2.1 Now thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?

__ __ Number of days [1 - 30]

- 8 8 None
- 7 7 Don't know / Not sure
- 9 9 Refused

ASK ALL

2.2 Now thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?

Number of days [1 - 30]

- 8 8 None [If Q2.1 and Q2.2 = 88 ("None"), go to Section 3]
- 7 7 Don't know / Not sure
- 9 9 Refused



/ ASK IF NOT (2.1=88 AND 2.2=88)

2.3 During the past 30 days, for about how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work, or recreation?

Number of days [1 - 30]

- 8 8 None
- 7 7 Don't know / Not sure
- 9 9 Refused

Section 3: Health Care Access

/ ASK ALL

- 3.1 Do you have any kind of health care coverage, including health insurance, prepaid plans such as HMOs, or government plans such as Medicare?
 - 1 Yes
 - 2 No
 - 7 Don't know / Not sure
 - 9 Refused

/ ASK ALL

3.2 Do you have one person you think of as your personal doctor or health care provider?

If "No," ask: "Is there more than one, or is there no person who you think of as your personal doctor or health care provider?"

- 1 Yes, only one
- 2 More than one
- 3 No
- 7 Don't know / Not sure
- 9 Refused

/ ASK ALL

- 3.4 About how long has it been since you last visited a doctor for a routine checkup? A routine checkup is a general physical exam, not an exam for a specific injury, illness, or condition.
 - 1 Within past year (anytime less than 12 months ago)
 - Within past 2 years (1 year but less than 2 years ago)
 - Within past 5 years (2 years but less than 5 years ago)
 - 4 5 or more years ago
 - 7 Don't know / Not sure
 - 8 Never
 - 9 Refused

ASK ALL

Now we'd like to ask you about oral health and the last time you visited at DENTIST



- 3.3 About how long has it been since you last visited a DENTIST for a routine checkup? A routine checkup may also include x-rays, cleanings, or filling a tooth.
 - 1 Within past year (anytime less than 12 months ago)
 - Within past 2 years (1 year but less than 2 years ago)
 - Within past 5 years (2 years but less than 5 years ago)
 - 4 5 or more years ago
 - 7 Don't know / Not sure
 - 8 Never
 - 9 Refused

Section 5: Diabetes

/ ASK ALL

5.1 Have you EVER been told by a doctor that you have diabetes?

If "Yes" and respondent is female, ask: "Was this only when you were pregnant?"

If respondent says pre-diabetes or borderline diabetes, use response code 4.

- 1 Yes
- 2 Yes, but female told only during pregnancy [Go to Section 6: Hypertension]
- 3 No [Go to Section 6: Hypertension]
- 4 No, pre-diabetes or borderline diabetes [Go to Section 6: Hypertension]
- 7 Don't know / Not sure [Go to Section 6: Hypertension]
- 9 Refused [Go to Section 6: Hypertension]

State Added 2: Diabetes

/ ASK IF 5.1 = 1 (YES)

- **OH2_1.** What type of diabetes do you have?
 - 1 Adult Onset (Type II)
 - 2 Juvenile Onset (Type I)
 - 7 Don't know / Not sure
 - 9 Refused

Module 1: Diabetes

/ ASK IF 5.1 = 1 (YES)

RANGE=1-76

MOD1_7. About how many times in the past 12 months have you seen a doctor, nurse, or other health professional for your diabetes?

___ Number of times [76 = 76 or more]



- 8 8 None
- 7 7 Don't know / Not sure
- 9 9 Refused

ASK IF 5.1 = 1 (YES)

/ **RANGE=1-76**

MOD1_8. A test for "A one C" measures the average level of blood sugar over the past three months. About how many times in the past 12 months has a doctor, nurse, or other health professional checked you for "A one C"?

__ _ Number of times [76 = 76 or more]

- 9 8 Never heard of "A one C" test
- 8 8 None
- 7 7 Don't know / Not sure
- 9 9 Refused

Section 6: Hypertension Awareness

/ ASK ALL

Have you ever been told by a doctor, nurse, or other health professional that you have high blood pressure?

If "Yes" and respondent is female, ask: "Was this only when you were pregnant?"

- 1 Yes
- 2 Yes, but female told only during pregnancy
- 3 No
- 4 Told borderline high or pre-hypertensive
- 7 Don't know / Not sure
- 9 Refused

- [Go to Section 9: Asthma]
 [Go to Section 9: Asthma]
- [Go to Section 9: Asthma]
- [Go to Section 9: Asthma]
- [Go to Section 9: Asthma]

/ ASK IF 6.1=1

- **6.2** Are you currently taking medicine for your high blood pressure?
 - 1 Yes
 - 2 No
 - 7 Don't know / Not sure
 - 9 Refused

Section 9: Asthma

ASK ALL

9.1 Have you EVER been told by a doctor, nurse, or other health professional that you had asthma?



- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

/ ASK IF 9.1=1

9.2 Do you still have asthma?

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

Section 6: Depression

ASK ALL

S6Q10

Have you EVER been told by a doctor that you have a depressive disorder, including depression, major depression, dysthymia, or minor depression?

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

Section: What's in Your Neighborhood

ASK ALL

Please read: Now we'd like to know what people in Cleveland think about the availability and quality of food in the community. First we'd like to ask about where you shop for food.

Stfarm

During the summer and fall, how often do you buy food at a farmer's market or produce stand?

Read only if necessary:

- 01 At least once a day
- 02 2 or more times a week
- 03 Weekly
- 04 Every 2 weeks
- 05 Monthly
- 06 A few times a year
- 07 Never
- 77 Don't know / Not sure
- 9 9 Refused

ASK ALL



strest How often do you buy food at a restaurant, fast food restaurant, or for carry-out?

Read only if necessary:

- 01 At least once a day
- 02 2 or more times a week
- 03 Weekly
- 04 Every 2 weeks
- 05 Monthly
- 06 A few times a year
- 07 Never
- 77 Don't know / Not sure
- 9 9 Refused

ASK ALL

fdregul How easy is it for you to get to a supermarket or grocery store on a regular basis?

- 1 Very easy
- 2 Somewhat easy
- 3 Somewhat difficult
- 4 Very difficult

Do not read:

- 7 Don't know/Not sure
- 9 Refused

ASK ALL

getmost In a typical month, where do you get most of your food?

- 1 Corner store or convenience store
- 2 Supermarket or grocery store such as Giant Eagle or Dave's
- 3 Restaurant, fast food restaurant, or carry-out?
- 4 Warehouse store such as Costco or Sam's Club
- 5 Farmer's market or produce stand

Do not read:

- 7 Don't know/Not sure
- 9 Refused

ASK IF GETMOST=1,2,3,4,5

gethow How do you get there most often? By... [READ LIST]

- 1 Walking
- 2 Bus
- 3 My own car
- 4 I get a free ride in a relatives or friend's car
- 5 Taxi
- 6 I pay someone to drive me there
- 7 Other

Do not read:

- 77 Don't know/Not sure
- 99 Refused



ASK IF GETMOST=1,2,3,4,5

where1 Where is this /INSERT GETMOST ANSWER/ located?

- 1 Within a few blocks of my home
- 2 Within ½ mile of my home
- 3 $\frac{1}{2}$ 1 mile of home
- 4 A mile or more from my home

Do not read:

- 7 Don't know/Not sure
- 9 Refused

/ **ASK IF GETMOST=1,2,3,4,5**

DO NOT DISPLAY OPTION CHOSE IN GETMOST

secmost Is there a second place where you get most of your food?

[IF NECESSARY: Other than the /INSERT GETMOST/ you mentioned previously.]

- 1 Corner store or convenience store
- 2 Supermarket or grocery store such as Giant Eagle or Dave's
- 3 Restaurant, fast food restaurant, or carry-out?
- 4 Warehouse store such as Costco or Sam's Club
- 5 Farmer's market or produce stand
- 6 NO SECOND PLACE

Do not Read:

- 7 Don't know/Not sure
- 9 Refused

/ **ASK IF SECMOST=1,2,3,4,5**

gethow2 How do you get there most often? By... [READ LIST]

- 1 Walking
- 2 Bus
- 3 My own car
- 4 I get a free ride in a relatives or friend's car
- 5 Tax
- 6 I pay someone to drive me there
- 7 Other

Do not read:

- 77 Don't know/Not sure
- 99 Refused

ASK IF SECMOST=1,2,3,4,5

where 2 Where is this /INSERT GETMOST ANSWER/located?

- 1 Within a few blocks of my home
- 2 Within ½ mile of my home
- 3 $\frac{1}{2}$ 1 mile of home
- 4 A mile or more from my home

Do not read:

7 Don't know/Not sure



Cleveland Steps 14: Farmers Market/Community Garden

/ ASK ALL

CS_14.2 How familiar are you with community gardening programs in Cleveland neighborhoods?

Read only if necessary:

- Not at all familiar
- 2 Somewhat familiar
- 3 Familiar
- 4 Very Familiar

Do not read:

- 7 Don't know/Not sure
- 9 Refused

Section: Cleveland Neighborhoods

/ ASK ALL

Next, we'd like to ask you more about what is available in your particular neighborhood.

CN_1.1 What Cleveland neighborhood do you live in?

Interviewer Notes:

- If response is Broadway or Collinwood, please clarify North or South and code appropriately
- If response is Brooklyn, please clarify if Brooklyn Center, Old Brooklyn, or the suburb Brooklyn and code each appropriately (if suburb Brooklyn code as "Other" and specify "Brooklyn Suburb")
- Please clarify if "east Cleveland" refers to the suburb of East Cleveland or the
 east side of the city of Cleveland, both of which can be coded as "Other" and
 defined appropriately as "East Cleveland" or "east side of Cleveland"
- An answer of Euclid is likely the suburb of Euclid, not the neighborhood of Euclid Green; please clarify and code appropriately
- 01 Bellaire-Puritas
- 02 Brooklyn Center (Archwood Denison)
- 03 Buckeye-Shaker Square
- 04 Central
- 05 Clark Fulton
- 06 Corlett
- 07 Cudell
- 08 Detroit Shoreway
- 09 Downtown
- 10 Edgewater
- 11 Euclid Green (Euclid Park)
- 12 Fairfax



- 13 Forest Hills
- 14 Glenville
- 15 Goodrich Gannette (Kirtland)
- 16 Hough
- 17 Industrial Valley / Cuyahoga Valley
- 18 Jefferson
- 19 Kamms Corner
- 20 Kinsman
- 21 Lee-Harvard
- 22 Lee-Seville
- 23 Little Italy
- 24 Mt. Pleasant
- North Broadway / South Broadway / Broadway-Slavic Village
- North Collinwood (North Shores)
- 27 Ohio City
- 28 Old Brooklyn
- 29 Riverside / Hopkins
- 30 South Collinwood
- 31 St. Clair Superior
- 32 Stockyards
- 33 Tremont
- 34 Union Miles
- 35 University
- 36 West Boulevard
- Woodland Hills / Buckeye-Woodhill
- Other (Please specify)
 Cn_1_1o Please specify:
- 77 Don't Know
- 99 Refused

/ ASK ALL

fdavail How satisfied are you with the availability of food in your neighborhood?

- 1 Very satisfied
- 2 Somewhat satisfied
- 3 Somewhat dissatisfied
- 4 Very dissatisfied
- 7 Don't know/Not sure
- 9 Refused

ASK ALL

fdqual How satisfied are you with the **overall quality** of food sold in your neighborhood?

- 1 Very satisfied
- 2 Somewhat satisfied
- 3 Somewhat dissatisfied
- 4 Very dissatisfied
- 7 Don't know/Not sure
- 9 Refused



/ ASK ALL

fdprice Overall, how satisfied are you with the **price** of food available in your neighborhood?

- 1 Very satisfied
- 2 Somewhat satisfied
- 3 Somewhat dissatisfied
- 4 Very dissatisfied
- 7 Don't know/Not sure
- 9 Refused

ASK ALL

A few more questions on your perceptions of your neighborhood.

Safe How safe do you consider your neighborhood to be? [READ IF NECESSARY]

- 1 Extremely safe
- 2 Quite safe
- 3 Slightly safe
- 4 Not at all safe
- 7 Don't know / Not sure
- 9 Refused

/ ASK ALL

Would you agree or disagree with the following statements about your neighborhood

Safe2 There are safe places for me and my family to be physically active in my neighborhood [READ IF NECESSARY]

- 1 Strongly agree
- 2 Agree
- 3 Neither agree nor disagree
- 4 Disagree
- 5 Strongly disagree
- 7 Don't know / Not sure
- 9 Refused

/ ASK ALL

food There is p

There is plenty of opportunity to purchase fresh, healthy food in my neighborhood [READ IF NECESSARY]

- 1 Strongly agree
- 2 Agree
- 3 Neither agree nor disagree
- 4 Disagree
- 5 Strongly disagree



- 7 Don't know / Not sure
- 9 Refused

/ ASK ALL

sat

I am satisfied with the quality of life that my neighborhood provides. [READ IF NECESSARY]

- 1 Strongly agree
- 2 Agree
- 3 Neither agree nor disagree
- 4 Disagree
- 5 Strongly disagree
- 7 Don't know / Not sure
- 9 Refused

/ ASK ALL

crime

Have you or a member of your household been a victim of a crime in your neighborhood in the past 12 months?

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

Section: Bike Riding for Transportation or Recreation

/ ASK ALL

bike

In the past 12 months, how often did you use a bicycle for transportation or recreation? Please let me know if you do not own or have access to a bike.

Read only if necessary:

- 1 Never
- 2 A few times
- 3 Once or twice a month
- 4 Weekly
- 5 2-3 times per week
- 6 Almost daily

Do not read:

- 7 Don't know / Not sure
- 8 DO NOT OWN OR HAVE ACCESS TO A BIKE
- 9 Refused

ASK ALL



lane

How much do you agree or disagree with the following statement: There are sufficient bike lanes and trails in my community for bicyclists to ride safely for transportation or recreation.

Read Options:

- 1 Strongly agree
- 2 Agree
- 3 Neither agree nor disagree
- 4 Disagree
- 5 Strongly disagree

Do not read:

- 7 Don't know / Not sure
- 9 Refused

Section 20: Food and Financial Security

ASK ALL

Please read: For the following statements, please tell me whether the statement was often true, sometimes true, or never true for you or your household.

Fdsec1

In the last 12 months, how true is it that you had to cut the size of your meals or skip meals because there wasn't enough money for food?

- 1 Often true
- 2 Sometimes true
- 3 Never true
- 7 Don't know / Not sure
- 9 Refused

/ ASK ALL

Fdsec2

In the last 12 months, how true is it that you could not afford to eat balanced meals such as fresh fruits and vegetables and whole grains?

- 1 Often true
- 2 Sometimes true
- 3 Never true
- 7 Don't know / Not sure
- 9 Refused

/ ASK ALL

Mod15_1

In the last 12 months, how true is it that you were worried or stressed about having enough money to pay your rent or mortgage?



- 1 Often true
- 2 Sometimes true
- 3 Never true
- 7 Don't know / Not sure
- 9 Refused

Section: Social Support

/ ASK ALL

Ss1

Do you have at least one person you can turn to in time of need for **emotional support**, i.e., someone to talk to, confide in?

- 1 Yes, definitely
- 2 Yes, for the most part
- 3 No one person I can rely on consistently
- 4 No
- 7 Don't know / Not sure
- 9 Refused

/ ASK ALL

Ss2

Do you have at least one person you can turn to in time of need for **instrumental support** i.e., helping you get something done or can provide information or resources to help you get something done?

- 1 Yes, definitely
- 2 Yes, for the most part
- 3 No one person I can rely on consistently
- 4 No
- 7 Don't know / Not sure
- 9 Refused

Section: Hope for the Future

/ ASK ALL

Would you agree or disagree with the following statements

Hope1 When I look to the future for me and my family, I am hopeful for good things to come.

- 1 Strongly agree
- 2 Agree
- 3 Neither agree nor disagree
- 4 Disagree
- 5 Strongly disagree



7 Don't know / Not sure

Refused

/ ASK ALL

Hope2 When I look to the future for the City of Cleveland, I am hopeful for good things to come.

- 1 Strongly agree
- 2 Agree
- 3 Neither agree nor disagree
- 4 Disagree
- 5 Strongly disagree
- 7 Don't know / Not sure
- 9 Refused

Section 13: Demographics

ASK ALL

13.1 What is your age? [RANGE 18-99]

_ _ Code age in years

- 7 Don't know / Not sure
- 9 Refused

/ ASK ALL

13.2 Are you Hispanic or Latino?

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

/ ASK ALL

13.4 Which ONE of these groups would you say BEST represents your race?

- 1 White
- 2 Black or African American
- 3 Asian
- 4 Native Hawaiian or Other Pacific Islander
- 5 American Indian or Alaska Native
- 6 Other [specify] _
 - 13.4o Please specify:
- 7 Don't know / Not sure
- 9 Refused

/ ASK ALL

13.5 Are you...?



Please read:

- 1 Married
- 2 Divorced
- 3 Widowed
- 4 Separated
- 5 Never married

Or

6 A member of an unmarried couple

Do not read:

9 Refused

/ ASK ALL

13.6 How many children less than 18 years of age live in your household?

Number of children [RANGE 1-15; 15 = 15 or more]

88 None 99 Refused

/ ASK ALL

13.7 What is the highest grade or year of school you completed?

Read only if necessary:

- 1 Never attended school or only attended kindergarten
- 2 Grades 1 through 8 (Elementary)
- 3 Grades 9 through 11 (Some high school)
- 4 Grade 12 or GED (High school graduate)
- 5 College 1 year to 3 years (Some college or technical school)
- 6 College 4 years (College graduate)
- 7 Post-graduate training but no degree
- 8 Post-graduate degree (MS/MA, PhD, JD, MD)
- 9 Refused

/ ASK ALL

13.8 Are you currently...?

Please read:

- 1 Employed for wages
- 2 Self-employed
- 3 Out of work for more than 1 year
- 4 Out of work for less than 1 year
- 5 A Homemaker
- 6 A Student
- 7 Retired

Or



8 Unable to work

Do not read:

9 Refused

/ //ASK OF ALL//

s8q10 Is your annual household income from all sources—

(145-146)

If respondent refuses at ANY income level, code '99' (Refused)

Read only if necessary:

S8q10A [04] Less than \$25,000 (\$20,000 to less than \$25,000)

- 1 Yes
- 2 No
- 7 Don't Know
- 9 Refused

[If "no," ask 05; if "yes," ask 03]

/ //ASK IF S8Q10A = 1//

S8q10B [03] Less than \$20,000 (\$15,000 to less than \$20,000)

- 1 Yes
- 2 No
- 7 Don't Know
- 9 Refused

[If "no," code 04; if "yes," ask 02]

// //ASK IF S8Q10B = 1//

S8q10C [02] Less than \$15,000 (\$10,000 to less than \$15,000)

- 1 Yes
- 2 No
- 7 Don't Know
- 9 Refused

[If "no," code 03; if "yes," ask 01]

//ASK IF S8Q10C=1//

S8q10D [01] Less than \$10,000

- 1 Yes
- 2 No
- 7 Don't Know
- 9 Refused

[If "no," code 02]



//ASK IF S8Q10A = 2//

S8q10E [05] Less than \$35,000 (\$25,000 to less than \$35,000)

- 1 Yes
- 2 No
- 7 Don't Know
- 9 Refused

[If "no," ask 06]

//ASK IF S8Q10E = 2//

S8q10F [06] Less than \$50,000 (\$35,000 to less than \$50,000)

- 1 Yes
- 2 No

Don't Know

99 Refused

[If "no," ask 07]

// //ASK IF S8Q10F = 2//

S8q10G [07] Less than \$75,000 (\$50,000 to less than \$75,000)

- 1 Yes
- 2 No
- 7 Don't know
- 9 Refused

[If "no," code 08]

[**08**] \$75,000 or more

/ //ASK IF S8Q10A-S8Q10G NE 7,9//

S8q10AA Your Annual Household Income is [enter range from code in s8q10A-G]

Is This Correct?

- 1 No, re-ask question [GO TO S8Q10A]
- 2 Yes, correct as is. [CONTINUE]

/ ASK ALL

Do you feel that your total family income is enough for you and your family to live as comfortably as you would like at this time? Would you say you live:

- 1 Very comfortably
- 2 Comfortably
- 3 Not too comfortably
- 4 Not at all comfortably
- 7 Don't know / Not sure
- 9 Refused



//ASK OF ALL//

Ps8q11 About how much do you weigh without shoes?

ENTER "P" FOR WEIGHT GIVEN IN POUNDS

ENTER "K" FOR WEIGHT GIVEN IN KILOGRAMS

- pounds
- Κ kilograms
- Don't Know
- Refused 9

//ASK IF PS8Q11 = P//

S8q11 About how much do you weigh without shoes?

NOTE: If respondent answers in metrics, put "9" in column 154.

Round fractions up

Weight (pounds) [Range 50-776,]

//ASK IF S8Q11 =50-79 OR 351-776//

S8q11_A: Just to double-check, you indicated **\:s8q11**: pounds as your weight.

IS THIS CORRECT?

- 1. Yes
- 2. No [go back to s8q11]

/ //ASK IF PS8Q11 = K//

S8q11M About how much do you weigh without shoes?

(147-150)

NOTE: If respondent answers in metrics, put "9" in column 174.

Round fractions up

Weight(kilograms) [Range 23-352,]

//ASK IF S8Q11M = 23-352 AND PS8Q11 = "K"

S8q11am: Just to double-check, you indicated \:s8q11m: kilograms as your weight.

IS THIS CORRECT?



- 1. Yes
- 2. No, [go back to s8q11m]

/ //ASK OF ALL//

Ps8q12 About how tall are you without shoes?

ENTER "F" FOR HEIGHT GIVEN IN FEET ENTER "M" FOR HEIGHT GIVEN IN CENTIMETERS

F feet

M centimeters

7 Don't Know9 Refused

/ //ASK IF PS8Q12=F//

S8q12 About how tall are you without shoes?

(151-154)

NOTE: If respondent answers in metrics, put "9" in column 121.

Round fractions down [Enter height in Feet and Inches]

[Ex: 5 feet 9 inches would be entered as 509]

__/_ Height[Range 300-311, 400-411, 500-511, 600-611, 700-711]

//ASK IF S8Q12 = 300-407, 609-711]

S8q12a: Just to double check, you indicated you are //enter feet from s8q12// FEET //enter inches from s8q12// INCHES TALL.

IS THIS CORRECT?

- 1. Yes
- 2. No, go back to s8q12

/ //ASK IF PS8Q12 = M//

S8q12M About how tall are you without shoes?

NOTE: If respondent answers in metrics, put "9" in column 158.

Round fractions down
[Enter height in centimeters]

[Ex: 2 meters 5 centimeters would be entered as 205

-- Height[Range 90-254]



//ASK IF S8Q12M = 90-254 AND PS8Q12=M//

S8q12am: Just to double check, you indicated you are //s8q12m// centimeters tall.

IS THIS CORRECT?

1. Yes

2 No [go back to s8q12m]

- / ASK ALL
- / RANGE=44100 44199
- 13.13 What is your ZIP Code where you live?

ZIP Code

77777 Don't know / Not sure

9 9 9 9 Refused

ASK IF SAMPTYPE=1

- Do you have more than one telephone number in your household? Do not include cell phones or numbers that are only used by a computer or fax machine.
 - 1 Yes
 - 2 No
 - 7 Don't know / Not sure
 - 9 Refused
 - / ASK IF Q13.14=1
 - / **RANGE=1-6**
- **13.15** How many of these telephone numbers are residential numbers?

__ Residential telephone numbers [6=6 or more]

- 7 Don't know / Not sure
- 9 Refused

/ //ASK IF SAMPTYPE = 1//

s8q17 Do you have a cell phone for personal use? Please include cell phones used for both business and personal use.

(165)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

/ ASK ALL



- During the past 12 months, has your household been without telephone service for 1 week or more? Do not include interruptions of telephone service because of weather or natural disasters.
 - 1 Yes
 - 2 No
 - 7 Don't know / Not sure
 - 9 Refused

ASK ALL

S8Q19 How did you most frequently access the internet in the past 30 days? Was it...

- On a home computer or laptop
- 2 Work computer or laptop
- 3 Locations with free wireless (library, coffee shop)
- 4 Data plan on a cell phone
- 8 Did not use the internet in the past 30 days
- 7 Don't know/Not sure
- 9 Refused

/ ASK ALL

S8Q20 Do you currently own or have access to a car whenever you need it?

- 1 Yes
- 2 No
- 7 Don't know/Not sure
- 9 Refused

/ ASK ALL

- 13.17 Indicate sex of respondent. Ask only if necessary.
 - 1 Male
 - 2 Female

/ ASK ALL

LANG1

[INTERVIEWER: DO NOT ASK QUESTION!!]

IN WHAT LANGUAGE WAS THIS INTERVIEW COMPLETED?

01 ENGLISH 02 SPANISH

Section: Inadequate Sleep

ASK ALL



The next set of questions ask about different behaviors that might affect our health and well-being I would like to ask you about your sleep patterns.

Sleep1 On average, how many hours of sleep do you get in a 24-hour period?

INTERVIEWER NOTE: Enter hours of sleep in whole numbers, rounding 30 minutes (1/2 hour) or more up to the next whole hour and dropping 29 or fewer minutes.

- _ Number of hours [01-24]
- 77 Don't know / Not sure
- 9 9 Refused

/ ASK ALL

Sleep2

During the past 30 days, on how many days did you feel that you had not gotten enough rest or sleep?

- _ Number of days [00-30]
- 7 7 Don't know / Not sure
- 9 9 Refused

Section 11: Tobacco Use

/ ASK ALL

s11_q2 Do you now smoke cigarettes every day, some days, or not at all?

INTERVIEWER NOTE: "For cigarettes, do not include: electronic cigarettes (e-cigarettes, NJOY, Bluetip), herbal cigarettes, cigars, cigarillos, little cigars, pipes, bidis, kreteks, water pipes (hookahs), or marijuana."

- 1 Every day
- 2 Some days
- 3 Not at all
- 7 Don't know/Not sure
- 9 Refused

Cuyahoga 3: Other Tobacco Products

ASK ALL

CU4_3. Do you now smoke cigars every day, some days, or not at all? Please do not include little cigars, such as blacks or milds, when considering your answer to this question.

- 1 Every day
- 2 Some days
- 3 Not at all
- 7 Don't know / Not sure
- 9 Refused

ASK ALL



CU4_9. Do you now smoke little cigars, such as black and milds, every day, some days, or not at all?

[Interviewer: black & milds are a brand of little cigars, normally sold in packs of 10]

- 1 Every day
- 2 Some days
- 3 Not at all
- 7 Don't know / Not sure
- 9 Refused

/ ASK ALL

ecig

New types of cigarettes are now available called electronic cigarettes (also known as e-cigarettes or personal vaporizers). These products deliver nicotine through a vapor. Do you now use e-cigs every day, some days or not at all?

- 1 Every day
- 2 Some days
- 3 Not at all
- 7 Don't know / Not sure
- 9 Refused

Cuyahoga 2: Tobacco – Quit Intentions

ASK IF 11.2 OR CU4_3 OR CU4_9= 1 (EVERY DAY) OR 2 (SOME DAYS)

CU4_113A months?

Are you seriously considering stopping smoking all tobacco products within the next six

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

ASK IF $CU4_113A = 1$ (YES)

SC_PM 1.5 Are you planning to stop smoking [all tobacco products] within the next 30 days?

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

ASK ALL

Support3

In the past 12 months, have you called the Ohio Tobacco Quit Line (1-800-QUIT-NOW) for assistance with quitting tobacco use?

- 1 Yes
- 2 No



- 3 No, called more than 12 months ago
- 4 No, never smoked
- 7 Don't know / Not sure
- 9 Refused

Section 12: Secondhand Smoke Exposure

/ ASK ALL

s12 q1

During the past 7 days, that is since last **(fill in date)**, how many days did anyone smoke cigarettes, cigars, or pipes anywhere inside your home? Do not include e-cigs.

_ Number of days [Range 1-7]

- 7 7 Don't know / Not sure
- 8 8 None
- 9 9 Refused

/ ASK ALL

- s12_q2 In the past seven days, that is since (fill in date), have you been in a car with someone who was smoking? Again, do not use e-cigs.
 - 1 Yes
 - 2 No
 - 7 Don't know / Not sure
 - 9 Refused

Section 10: Alcohol Consumption

/ ASK ALL

During the past 30 days, have you had at least one drink of any alcoholic beverage such as beer, wine, a malt beverage or liquor?

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

/ ASK IF 10.1=1

s10q2

One drink is equivalent to a 12-ounce beer, a 5-ounce glass of wine, or a drink with one shot of liquor. During the past 30 days, on the days when you drank, about how many drinks did you drink on the average?

NOTE: A 40 ounce beer would count as 3 drinks, or a cocktail drink with 2 shots would count as 2 drinks.

- __ Number of drinks [RANGE=1-76, 76 = 76 OR MORE]
- 77 Don't know / Not sure
- 9 9 Refused



/ ASK IF 10.1=1

RANGE=1-76

s10q3

Considering all types of alcoholic beverages, how many times during the past 30 days did you have **X** [CATI X = 5 for men, X = 4 for women] or more drinks on an occasion?

- Number of times
- 88 None
- 7 7 Don't know / Not sure
- 9 9 Refused

Section 11: Fruits and Vegetables

ASK ALL

S11Q1T

These next questions are about the fruits and vegetables **you** ate or drank during the past 30 days. Please think about all forms of fruits and vegetables including cooked or raw, fresh, frozen or canned. Please think about all meals, snacks, and food consumed at home and away from home.

01 CONTINUE

ASK ALL

S11Q1T2

I will be asking how often **you** ate or drank each one: for example, once a day, twice a week, three times a month, and so forth.

INTERVIEWER NOTE: If respondent responds less than once per month, put "0" times per month. If respondent gives a number without a time frame, ask: "Was that per day, week, or month?"

01 CONTINUE

ASK ALL

S11Q1

During the past month, how many times per day, week or month did you drink 100% PURE fruit juices? Do not include fruit-flavored drinks with added sugar or fruit juice you made at home and added sugar to. Only include 100% juice.

- 1 Per day [RANGE = 101-199]
- 2 _ _ Per week [RANGE = 201-299]
- 3 _ _ Per month [RANGE = 301-399]
- 555 Never
- 777 Don't know / Not sure
- 999 Refused

INTERVIEWER NOTE: Do not include fruit drinks with added sugar or other added sweeteners like Kool-aid, Hi-C, lemonade, cranberry cocktail, Tampico, Sunny Delight, Snapple, Fruitopia, Gatorade, Power-Ade, or yogurt drinks.

Do not include fruit juice drinks that provide 100% daily vitamin C but include added sugar.

Do not include vegetable juices such as tomato and V8 if respondent provides but include in "other vegetables" question S11q6t



DO include 100% pure juices including orange, mango, papaya, pineapple, apple, grape (white or red), or grapefruit. Only count cranberry juice if the respondent's perception is that it is 100% juice with no sugar or artificial sweetener added. 100% juice blends such as orange-pineapple, orange-tangerine, cranberry-grape are also acceptable as are fruit-vegetable 100% blends. 100% pure juice from concentrate (i.e., reconstituted) is counted.

/ ASK IF [S11Q1#106-199,226-299,388-399]

s11q1A

INTERVIEWER: YOU RECORDED \:S11Q1A:.

IS THAT CORRECT?

1 Yes, Correct as is 2 No, Re-ask question

ASK ALL

S11Q2T

During the past month, not counting juice, how many times per day, week, or month did you eat fruit? Count fresh, frozen, or canned fruit

Read only if necessary: "Your best guess is fine. Include apples, bananas, applesauce, oranges, grape fruit, fruit salad, watermelon, cantaloupe or musk melon, papaya, lychees, star fruit, pomegranates, mangos, grapes, and berries such as blueberries and strawberries."

INTERVIEWER NOTE: Do not count fruit jam, jelly, or fruit preserves. Do include fruit added to smoothies

Do not include dried fruit in ready-to-eat cereals.

Do include dried raisins, cran-raisins if respondent tells you - but due to their small serving size they are not included in the prompt.

Do include cut up fresh, frozen, or canned fruit added to yogurt, cereal, jello, and other meal items.

Include culturally and geographically appropriate fruits that are not mentioned (e.g. genip, soursop, sugar apple, figs, tamarind, bread fruit, sea grapes, carambola, longans, lychees, akee, rambutan, etc.).

1 CONTINUE

S11Q2

- _ Per day [RANGE = 101-199]
- 2 _ _ Per week [RANGE = 201-299]
- 3 Per month [RANGE = 301-399]
- 555 Never
- 777 Don't know / Not sure
- 999 Refused

/ ASK IF [S11Q2#106-199,226-299,388-399]



s11q2A

INTERVIEWER: YOU RECORDED \:S11Q2A:.

IS THAT CORRECT?

1 Yes, Correct as is 2 No, Re-ask question

/ //ASK OF ALL//

S11q3t

During the past month, how many times per day, week, or month did you eat cooked or canned beans, such as refried, baked, black, garbanzo beans, beans in soup, soybeans, edamame, tofu or lentils. Do NOT include long green beans.

(271-273)

Read only if necessary: "Include round or oval beans or peas such as navy, pinto, split peas, cow peas, hummus, lentils, soy beans and tofu. Do NOT include long green beans such as string beans, broad or winged beans, or pole beans."

INTERVIEWER NOTE: Include soybeans also called edamame, TOFU (BEAN CURD MADE FROM SOYBEANS), kidney, pinto, hummus, lentils, black, black-eyed peas, cow peas, lima beans and white beans.

Include bean burgers including garden burgers and veggie burgers.

Include falafel and tempeh.

1. Continue

/ //ASK OF ALL//

S11q3

1 _ _ Per day [RANGE = 101-199] 2 _ _ Per week [RANGE = 201-299]

3 _ _ Per month [RANGE = 301-399]

555 Never

777 Don't know / Not sure

999 Refused

/ ASK IF [S11Q3#106-199,226-299,388-399]

s11q3A

INTERVIEWER: YOU RECORDED \:S11Q3A:.

IS THAT CORRECT?

1 Yes, Correct as is 2 No, Re-ask question

/ //ASK OF ALL//



S11q4t

During the past month, how many times per day, week, or month did you eat dark green vegetables for example broccoli or dark leafy greens including romaine, chard, collard greens or spinach?

(274-275)

INTERVIEWER NOTE: Each time a vegetable is eaten it counts as one time.

INTERVIEWER NOTE: Include all raw leafy green salads including spinach, mesclun, romaine lettuce, bok choy, dark green leafy lettuce, dandelions, komatsuna, watercress, and arugula.

Do not include iceberg (head) lettuce if specifically told type of lettuce. Include all cooked greens including kale, collard greens, choys, turnip greens, mustard greens.

1. Continue

/ //ASK OF ALL//

S11q4

- 1 _ _ Per day [RANGE = 101-199]
- 2 _ _ Per week [RANGE = 201-299]
- 3 _ _ Per month [RANGE = 301-399]
- 555 Never
- 777 Don't know / Not sure
 - 999 Refused

ASK IF [S11Q4#106-199,226-299,388-399]

s11q4A

INTERVIEWER: YOU RECORDED \:S11Q4A:.

IS THAT CORRECT?

1 Yes, Correct as is 2 No, Re-ask question

// //ASK OF ALL//

S11q5t

During the past month, how many times per day, week, or month did you eat orange-colored vegetables such as sweet potatoes, pumpkin, winter squash, or carrots?

(276-278)

Read only if needed: "Winter squash have hard, thick skins and deep yellow to orange flesh. They include acorn, buttercup, and spaghetti squash."

FOR INTERVIEWER: Include all forms of carrots including long or baby-cut.

Include carrot-slaw (e.g. shredded carrots with or without other vegetables or fruit).



Include all forms of sweet potatoes including baked, mashed, casserole, pie, or sweet potatoes fries.

Include all hard-winter squash varieties including acorn, autumn cup, banana, butternut, buttercup, delicate, hubbard, kabocha (Also known as an Ebisu, Delica, Hoka, Hokkaido, or Japanese Pumpkin; blue kuri), and spaghetti squash. Include all forms including soup.

Include pumpkin, including pumpkin soup and pie. Do not include pumpkin bars, cake, bread or other grain-based dessert-type food containing pumpkin (i.e. similar to banana bars, zucchini bars we do not include).

1. Continue

/ //ASK OF ALL//

S11q5

- 1 _ _ Per day [RANGE = 101-199]
- 2 _ _ Per week [RANGE = 201-299]
- 3 _ _ Per month [RANGE = 301-399]
- 555 Never
- 777 Don't know / Not sure
- 999 Refused

ASK IF [S11Q1#106-199,226-299,388-399]

s11q5A

INTERVIEWER: YOU RECORDED \:S11Q5A:.

IS THAT CORRECT?

1 Yes, Correct as is 2 No, Re-ask question

/ //ASK OF ALL//

S11q6t

Not counting what you just told me about, during the past month, about how many times per day, week, or month did you eat OTHER vegetables? Examples of other vegetables include tomatoes, tomato juice or V-8 juice, corn, eggplant, peas, lettuce, cabbage, and white potatoes that are not fried such as baked or mashed potatoes.

(279-281)

Read only if needed: "Do not count vegetables you have already counted and do not include fried potatoes."

INTERVIEWER NOTE: Include corn, peas, tomatoes, okra, beets, cauliflower, bean sprouts, avocado, cucumber, onions, peppers (red, green, yellow, orange); all cabbage including American-style cole-slaw; mushrooms, snow peas, snap peas, broad beans, string, wax-, or polebeans.

Include any form of the vegetable (raw, cooked, canned, or frozen).



Do not include products consumed usually as condiments including ketchup, catsup, salsa, chutney, relish.

Do include tomato juice if respondent did not count in fruit juice.

Include culturally and geographically appropriate vegetables that are not mentioned (e.g. daikon, jicama, oriental cucumber, etc.).

Do not include rice or other grains.

1. Continue

//ASK OF ALL//

S11q6

- 1 _ _ Per day [RANGE = 101-199]
- 2 _ _ Per week [RANGE = 201-299]
- 3 _ _ Per month [RANGE = 301-399]
- 555 Never
- 777 Don't know / Not sure
- 999 Refused

ASK IF [S11Q6#106-199,226-299,388-399]

s11q6A

INTERVIEWER: YOU RECORDED \:S11Q6A:.

IS THAT CORRECT?

1 Yes, Correct as is 2 No, Re-ask question

Section 15: Exercise (Physical Activity)

/ //ASK OF ALL//

S12q1t The next few questions are about exercise, recreation, or physical activities other than your regular job duties.

INTERVIEWER INSTRUCTION: If respondent does not have a "regular job duty" or is retired, they may count the physical activity or exercise they spend the most time doing in a regular month.

1. Continue

s12q1

During the past month, other than your regular job, did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise?

(220)

- 1 Yes
- 2 No **[Go to Q12.8]**
- 7 Don't know / Not sure [Go to Q12.8]
- 9 Refused [Go to Q12.8]



/ //ASK IF S12Q1=1//

\$12q2. What type of physical activity or exercise did you spend the most time doing during the past month?

INTERVIEWER INSTRUCTION: If the respondent's activity is not included in the Physical Activity Coding List, choose the option listed as "Other".

(221-222)

` · · · · · · -	hysical Activity Coding List] Q12.8]
9 9 Refused Go to	Q12.8]
0 1 Active Gaming Devices (Wii Fit,	4 1 Rugby
Dance Dance revolution)	4 2 Scuba diving
0 2 Aerobics video or class	4 3 Skateboarding
0 3 Backpacking	4 4 Skating – ice or roller
0 4 Badminton	4 5 Sledding, tobogganing
0 5 Basketball	4 6 Snorkeling
0 6 Bicycling machine exercise	4 7 Snow blowing
0 7 Bicycling	4 8 Snow shoveling by hand
0 8 Boating (Canoeing, rowing, kayaking,	4 9 Snow skiing
sailing for pleasure or camping)	5 0 Snowshoeing
0 9 Bowling	5 1 Soccer
1 0 Boxing	5 2 Softball/Baseball
1 1 Calisthenics	5 3 Squash
1 2 Canoeing/rowing in competition	5 4 Stair climbing/Stair master
1 3 Carpentry	5 5 Stream fishing in waders
1 4 Dancing-ballet, ballroom, Latin, hip hop, zumba, etc	
1 5 Elliptical/EFX machine exercise	5 7 Swimming
1 6 Fishing from river bank or boat	5 8 Swimming in laps
1 7 Frisbee	5 9 Table tennis
1 8 Gardening (spading, weeding, digging, filling)	6 0 Tai Chi
1 9 Golf (with motorized cart)	6 1 Tennis
2 0 Golf (without motorized cart)	6 2 Touch football
2 1 Handball	6 3 Volleyball
2 2 Hiking – cross-country	6 4 Walking
2 3 Hockey	6 6 Waterskiing
2 4 Horseback riding	6 7 Weight lifting
2 5 Hunting large game – deer, elk	6 8 Wrestling
2 6 Hunting small game – quail	6 9 Yoga
2 7 Inline Skating	
2 8 Jogging	7 1 Childcare
2 9 Lacrosse	7 2 Farm/Ranch Work (caring for livestock, stacking
3 0 Mountain climbing	hay, etc.)
3 1 Mowing lawn	7 3 Household Activities (vacuuming, dusting, home repair,
3 2 Paddleball	etc.)
3 3 Painting/papering house	7 4 Karate/Martial Arts
3 4 Pilates	7 5 Upper Body Cycle (wheelchair sports, ergometer,
3 5 Racquetball	etc.)
3 6 Raking lawn	7 6 Yard work (cutting/gathering wood, trimming hedges
3 7 Running	etc.)
3 8 Rock Climbing	,
3 9 Rope skipping	9 8 Other
4 0 Rowing machine exercise	
•	



/ //IF S12Q2 =1-76// S12q2C INTERVIEWER: YOU'VE CHOSEN \:s12Q2: IS THAT CORRECT? 1 YES 2 NO - GO BACK AND CHANGE RESPONSE //IF S12Q2 = 98// S12q2o: Enter Other Activity:_____ //ASK IF S12Q2 =1-76,98 // s12q3 How many times per week or per month did you take part in this activity during the past month? (223-225)Times per week [range 101-150] Times per month [range 201-250] 777 Don't know / Not sure 999 Refused / //ASK IF S12Q2 =1-76,98// s12q4 And when you took part in this activity, for how many minutes or hours did you usually keep at it? (226-228)

: _ Hours and minutes [RANGE = 10-59,100-159,200-259,300-359,400-459,500-559,600-659,700-759,800-859,900-959]

777 Don't know / Not sure

999 Refused

//IF S12Q4 > 5 HOURS//

S12Q4A

I'm sorry. You said that you do the activity for

\:hour1: hours and \:minute1: minutes per day.

Is that correct?

\ISP Perdoneme, pero usted dijo que realiza actividad por

\:hour1: horas y \:minute1: minutos por dia. Es esto correcto?



1 Yes, correct as is 2 No, re-ask question

/ //ASK IF S12Q2 =1-76,98//

s12q5

What other type of physical activity gave you the next most exercise during the past

INTERVIEWER INSTRUCTION: If the respondent's activity is not included in the Coding Physical Activity List, choose the option listed as "Other".

(229-230)

	Specify) o other activity	[See Pl	hysical Activity Coding List]
	on't know / Not Sure	[Go to	-
	efused	[Go to	-
0 1 Active Gaming Devices	s (Wii Fit,	-	4 1 Rugby
Dance Dance revo	olution)		4 2 Scuba diving
0 2 Aerobics video or class	S		4 3 Skateboarding
0 3 Backpacking			4 4 Skating – ice or roller
0 4 Badminton			4 5 Sledding, tobogganing
0 5 Basketball			4 6 Snorkeling
0 6 Bicycling machine exe	rcise		4 7 Snow blowing
0 7 Bicycling			4 8 Snow shoveling by hand
0 8 Boating (Canoeing, rov			4 9 Snow skiing
sailing for pleasure	e or camping)		5 0 Snowshoeing
0 9 Bowling			5 1 Soccer
1 0 Boxing			5 2 Softball/Baseball
1 1 Calisthenics			5 3 Squash
1 2 Canoeing/rowing in co	mpetition		5 4 Stair climbing/Stair master
1 3 Carpentry			5 5 Stream fishing in waders
1 4 Dancing-ballet, ballroo		ıba, etc	
1 5 Elliptical/EFX machine			5 7 Swimming
1 6 Fishing from river bank	k or boat		5 8 Swimming in laps
1 7 Frisbee			5 9 Table tennis
1 8 Gardening (spading, w		ı)	6 0 Tai Chi
1 9 Golf (with motorized ca			6 1 Tennis
2 0 Golf (without motorized	d cart)		6 2 Touch football
2 1 Handball			6 3 Volleyball
2 2 Hiking – cross-country	,		6 4 Walking
2 3 Hockey			6 6 Waterskiing
2 4 Horseback riding			6 7 Weight lifting
2.5 Hunting large game –			6 8 Wrestling
2 6 Hunting small game –	quail		6 9 Yoga
2 7 Inline Skating			7.4.01.11
2 8 Jogging			7 1 Childcare
2 9 Lacrosse			7 2 Farm/Ranch Work (caring for livestock, stacking
3 0 Mountain climbing			hay, etc.)
3 1 Mowing lawn			7 3 Household Activities (vacuuming, dusting, home repair,
3 2 Paddleball	••		etc.)
3 3 Painting/papering hous	se		7 4 Karate/Martial Arts
3 4 Pilates			7 5 Upper Body Cycle (wheelchair sports, ergometer,
3 5 Racquetball			etc.)
3 6 Raking lawn			7 6 Yard work (cutting/gathering wood, trimming hedges



37 Running 3 8 Rock Climbing 3 9 Rope skipping 4 0 Rowing machine exercise S12Q5C \:s12Q5: 1 YES

etc.) 88 No other activity

9 8 Other

//IF S12Q5 1-76,98//

INTERVIEWER: YOU'VE CHOSEN

IS THAT CORRECT?

2 NO - GO BACK AND CHANGE RESPONSE

//IF S12Q5 = 98//

S12q5o: Enter Other Activity:_____

//ASK IF S12Q5 =1-76,98//

How many times per week or per month did you take part in this activity during the past s12q6 month?

(231-233)

Times per week [range 101-150] Times per month [range 201-250]

777 Don't know / Not sure

999 Refused

//ASK IF S12Q5 =1-76,98//

And when you took part in this activity, for how many minutes or hours did you usually s12q7 keep at it?

(234-236)

Hours and minutes RANGE =10-59,100-159,200-259,300-359,400-459,500-559,600-659,700-759,800-859,900-959]

777 Don't know / Not sure

Refused 999

//IF S12Q7 > 5HOURS//

S12Q7A

I'm sorry. You said that you do the activity for



\:hour2: hours and \:minute2: minutes per day.

Is that correct?

Perdoneme, pero usted dijo que realiza actividad por \:hour2: horas y \:minute2: minutos por dia. Es esto correcto?

1 Yes, correct as is 2 No, re-ask question

/ //ASK OF ALL//

s12q8

During the past month, how many times per week or per month did you do physical activities or exercises to STRENGTHEN your muscles? Do NOT count aerobic activities like walking, running, or bicycling. Count activities using your own body weight like yoga, sit-ups or push-ups and those using weight machines, free weights, or elastic bands.

(237-239)

- 1__ Times per week [range 101-150]
- 2__ Times per month [range 201-250]
- 888 Never
- 777 Don't know / Not sure
- 999 Refused

Address

/ ASK ALL

PREADD To better understand what is happening in Cleveland neighborhoods, would you be willing to give us your physical address? I will not ask for your name, and your responses will be grouped with responses from others in your neighborhood to help us better understand the unique needs of each Cleveland neighborhood. This will better inform programs and policies implemented across the city. I want to assure you that this information will be kept completely confidential in secure and protected data files.

1 YES, WILL GIVE ADDRESS 2 NO, WILL NOT GIVE ADDRESS

ASK IF PREADD=1

ADD

What is your street address?
[INTERVIEWER READ BACK AND CONFIRM]

Address: [ALLOW 60 CHARACTERS]

Intersection



ASK IF PREADD=2

interset I understand you do not want to share your address. Would you be willing to tell me the nearest street intersection to where you live? Remember, we have not asked your name or any other identifying information in our survey.

1 YES, WILL GIVE INTERSECTION 2 NO, WILL NOT GIVE INTERSECTION

/ ASK IF INTERSCT=1

Intrsct2 What is the nearest intersection to where you live?
[INTERVIEWER READ BACK AND CONFIRM]

Intersection: [ALLOW 80 CHARACTERS]

Closing Statement

CLOSE

That is my last question. Everyone's answers will be combined to give us information about the health practices of people in the city of Cleveland. Thank you very much for your time and cooperation.

IF THEY ASK FOR A NUMBER TO CALL: 877-350-8705

1 CONTINUE