

Participants Needed

For a Research Study

The effect of COVID- 19 and other barriers to following a low-sodium diet among African American women with Hypertension



This study is open to African American women diagnosed with hypertension and are aged 18 years or older in the Cleveland area.

The study will begin in November 2020

- **Purpose:** To study is to explore the effect of COVID-19 and other barriers on African American women's low-sodium dietary practices.
- **Time Commitment:** Participants will be asked to take part in one 90- minute focus group session to be held online and complete 3 surveys.
- There are minimal risks of participation. A possible benefit includes improved low-sodium dietary practices.

You will receive a \$30.00 gift card at the completion of the focus group session and surveys

If interested, please contact, Dr. Angela Groves, Ph.D., R.N.-B.C., C.N.E by phone at 216-939-5358 or email at angela.groves@ursuline.edu

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